



FOREWORD

Have you met Caitlin Costa?

With her northeastern attitude and self-deprecating humor, it's hard not to root for Caitlin Costa. From the moment she was cast as the lead in her second-grade play, she had a passion for the spotlight and adrenaline. She's as much a bubbly overachiever as she is a shy procrastinator. Most of her worries seem to be finding her long-lost inhaler and making it to Trader Joe's before the stampede of moms steal her spanakopita. She's quick to say the right thing at the right moment, whether it's entertaining jokes or genuine support. But if really given a glimpse inside her head, her mind teeters between insecurities and self-love.

With bits and pieces of her traumas revealed, a resilient side of Caitlin is shown. She's determined to prove people's assumptions of her wrong, facing any challenge knowing it'll make her stronger. The future is filled with cautionary tales for people like her, yet, as she prepares for the unknown, she can't help but feel excited.

"The guide to laughing in times of tragedy"
- Teen Vogue

"Heartbreaking yet inspirational: The utterly authentic life of Caitlin Costa"
- New York Times Book Review